

## SCARED SILLY

### **ABOUT:**

Winston and I were spending the weekend with my parents. While we watched our college football team play on the television in the living room. We were six points behind.

Winston napped close to the couch where we sat. Then our quarterback made a long pass and the running back caught it and raced to the end zone for a touchdown. We all whooped and scared Winston to death. He jumped up and swung his head back and forth barking frantically. He didn't know what the problem was, but in his sleep dazed condition, he let whatever and whomever that he was in control. Of course, we had a good laugh at his expense, and I did give him an extra handful of shredded cheese.

### **PURPOSE:**

I want children to know that it is okay, even wise, to be cautious. And that in the case that something or someone takes them by surprise, they've been given the instinct to protect themselves. Being cautious or frightened doesn't make them cowards.

### **SUGGESTIONS:**

Tell a story about when you were cautious or surprised. This will help the children connect with you and if you make it a good story, they will learn from your experience.

### **IDEAS:**

- **Study the 'fight or flee' instinct in animals**
- **Talk about their favorite dream**
- **In reference to Winston being about to race up a tree after a squirrel, as the children if nothing was impossible to them, what would they like to do.**

Did you think of more ideas? Grrreat! Write Winston and let us know so we can include it on this site!